

Nutrition Words

Hard · 16 × 16 · 18 words · every direction, backwards too

P	E	I	T	T	T	O	C	N	I	E	T	O	R	P	E
R	M	U	N	N	D	E	E	A	Y	H	I	R	P	N	M
E	N	O	A	N	E	Z	T	I	L	F	E	A	H	E	A
H	P	S	D	E	S	I	A	Y	O	C	I	E	I	O	G
H	R	D	I	V	E	S	R	M	E	E	I	B	I	A	N
A	O	M	X	I	M	G	D	T	I	A	O	U	E	T	E
O	B	F	O	T	U	N	Y	N	U	N	I	N	M	R	S
S	I	O	I	A	G	I	H	L	N	N	E	Y	T	R	I
E	O	O	T	M	E	V	O	E	C	E	O	R	I	H	U
I	T	D	N	I	L	R	B	G	S	E	S	R	A	E	M
R	I	L	A	N	N	E	R	H	C	N	I	Z	C	L	H
O	C	A	I	S	P	S	A	E	Y	R	N	B	E	A	S
L	S	B	O	L	I	T	C	T	F	E	H	L	H	G	M
A	C	E	W	H	O	L	E	G	R	A	I	N	S	N	T
C	A	L	T	R	P	E	U	N	A	L	P	L	A	E	M
D	E	L	E	C	T	R	O	L	Y	T	E	S	S	U	H

☐ PROTEIN

☐ FIBER

☐ CARBOHYDRATE

☐ VITAMINS

☐ MINERALS

☐ CALCIUM

☐ ZINC

☐ ANTIOXIDANT

☐ WHOLE GRAINS

☐ LEGUMES

☐ PROBIOTICS

☐ ELECTROLYTES

☐ MACRONUTRIENT

☐ CALORIES

☐ SERVING SIZE

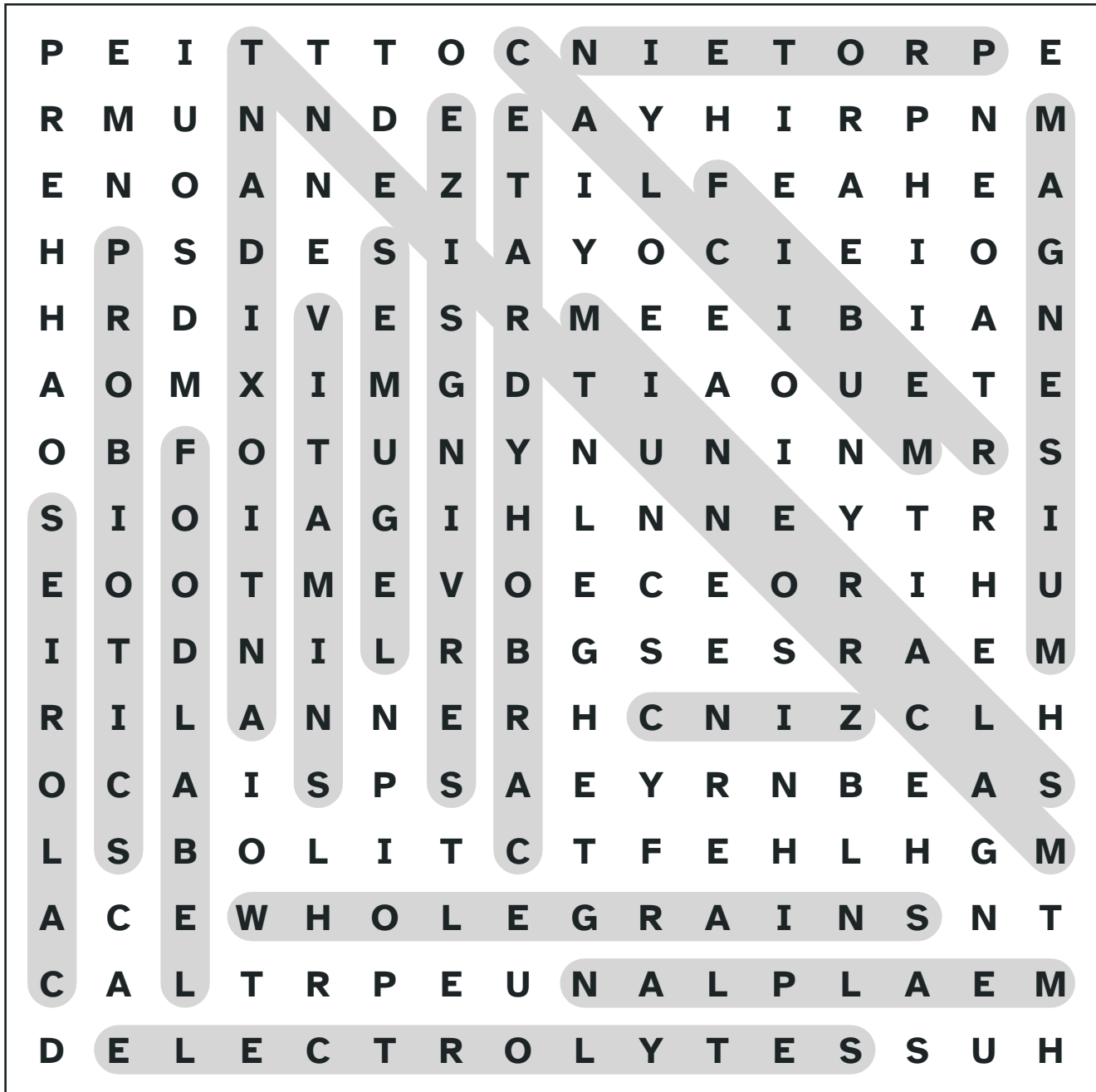
☐ FOOD LABEL

☐ MEAL PLAN

☐ MAGNESIUM

Nutrition Words: answer key

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