

Food Groups

Medium · 13 × 13 · 12 words · across, down and diagonal

V	P	N	C	T	S	T	G	T	L	F	R	I
E	A	P	B	Y	I	E	A	T	I	I	P	A
G	E	M	D	Q	N	E	A	S	A	B	G	F
E	S	B	T	A	M	G	N	F	R	E	S	R
T	E	R	N	N	I	I	E	O	O	R	I	U
A	E	A	A	R	A	R	O	S	O	O	R	I
B	B	E	L	R	U	N	Y	I	S	I	D	T
L	L	P	G	D	N	T	A	E	L	S	A	S
E	A	N	E	G	T	U	M	F	O	S	G	G
S	A	R	T	R	S	U	T	P	K	N	O	C
E	E	B	U	H	G	H	A	S	D	A	O	Y
C	T	O	G	E	U	P	R	O	T	E	I	N
S	N	E	L	H	H	H	U	S	E	E	D	S

☐ GRAINS

☐ PROTEIN

☐ DAIRY

☐ FRUITS

☐ VEGETABLES

☐ LEGUMES

☐ NUTS

☐ SEEDS

☐ OILS

☐ FIBER

☐ SEAFOOD

☐ LEAN MEAT

Food Groups: answer key

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