

Goals and Habits

Hard · 16 × 16 · 18 words · every direction, backwards too

E	L	B	Y	T	I	V	I	T	C	U	D	O	R	P	A
T	E	T	O	M	I	N	D	F	U	L	N	E	S	S	C
N	N	C	G	R	A	T	I	T	U	D	E	V	Y	T	C
O	M	E	N	N	G	O	O	M	O	G	I	A	C	H	O
I	R	O	M	A	I	A	M	L	H	T	I	W	N	Y	U
T	E	T	T	E	R	R	N	E	U	C	R	T	E	D	N
A	D	N	N	I	V	E	R	I	G	S	B	M	T	R	T
N	I	E	U	F	V	O	V	E	Z	O	N	E	S	A	A
I	S	M	T	C	I	A	R	E	T	A	T	L	I	T	B
M	C	T	R	T	H	O	T	P	S	T	T	H	S	I	I
R	I	I	I	T	E	A	Y	I	M	R	U	I	N	O	L
E	P	M	T	A	L	A	T	O	O	I	E	L	O	N	I
T	L	M	I	H	M	D	C	Y	T	N	F	P	C	N	T
E	I	O	O	N	O	I	T	I	B	M	A	L	E	E	Y
D	N	C	N	O	I	T	A	T	I	D	E	M	E	I	D
H	E	N	O	I	T	C	E	L	F	E	R	T	N	S	U

- ☐ SELF IMPROVEMENT
- ☐ DETERMINATION
- ☐ DISCIPLINE
- ☐ MOTIVATION
- ☐ ACCOUNTABILITY
- ☐ PERSEVERANCE

- ☐ CONSISTENCY
- ☐ MINDFULNESS
- ☐ MEDITATION
- ☐ NUTRITION
- ☐ HYDRATION
- ☐ PRODUCTIVITY

- ☐ ORGANIZATION
- ☐ DECLUTTER
- ☐ GRATITUDE
- ☐ AMBITION
- ☐ COMMITMENT
- ☐ REFLECTION

Goals and Habits: answer key

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