

Muscle Fuel and Energy

Medium · 13 × 13 · 12 words · across, down and diagonal

R	E	C	O	V	E	R	Y	P	O	H	H	O
E	E	R	L	H	N	Y	T	G	F	L	M	X
I	X	A	F	A	H	A	R	L	D	U	R	Y
L	P	R	O	T	E	I	N	Y	I	P	N	G
S	A	T	E	C	P	W	S	C	T	D	T	E
M	O	C	M	Y	O	G	L	O	B	I	N	N
F	I	H	T	U	I	A	T	G	I	A	G	K
R	A	W	T	I	C	A	N	E	C	A	L	I
R	T	T	G	O	C	T	S	N	R	A	U	L
U	E	M	I	S	M	A	O	T	A	A	C	O
E	N	E	R	G	Y	H	C	I	M	T	O	R
O	O	N	R	N	U	N	R	I	P	S	S	I
I	L	O	R	N	O	E	I	T	D	E	E	O

☐ GLUCOSE

☐ GLYCOGEN

☐ OXYGEN

☐ PROTEIN

☐ MYOGLOBIN

☐ CALCIUM

☐ ENERGY

☐ ATP

☐ CRAMP

☐ LACTIC ACID

☐ FATIGUE

☐ RECOVERY

Muscle Fuel and Energy: answer key

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