

Face and Core Muscles

Hard · 16 × 16 · 18 words · every direction, backwards too

A	T	F	L	T	E	E	M	E	N	T	A	L	I	S	E
S	L	A	T	S	O	C	R	E	T	N	I	H	T	E	S
Q	Z	S	R	A	E	S	A	O	S	P	N	E	S	R	U
U	Y	U	S	M	M	N	O	Y	D	L	M	E	O	O	D
A	G	I	I	S	T	E	Y	O	F	P	A	T	R	T	I
D	O	R	L	Y	I	A	D	A	O	N	A	B	I	A	F
R	M	O	A	T	A	W	R	R	I	N	I	R	E	O	I
A	A	S	T	A	L	D	A	P	I	C	O	L	O	H	T
T	T	I	I	L	I	L	S	C	U	B	I	M	A	A	L
U	I	R	P	P	I	R	C	L	L	H	A	U	U	A	U
S	C	E	I	S	O	U	A	I	I	C	C	O	R	E	M
G	R	I	C	T	B	R	Q	Y	N	K	F	H	H	R	O
I	O	I	C	O	I	U	F	R	O	N	T	A	L	I	S
I	N	E	O	S	E	P	U	N	G	B	N	T	H	O	O
H	R	T	G	S	P	E	L	V	I	C	F	L	O	O	R
E	E	R	M	G	R	D	I	A	P	H	R	A	G	M	N

- ☐ FRONTALIS
- ☐ ORBICULARIS
- ☐ ZYGOMATIC
- ☐ TEMPORALIS
- ☐ BUCCINATOR
- ☐ PLATYSMA

- ☐ DIAPHRAGM
- ☐ INTERCOSTALS
- ☐ OBLIQUES
- ☐ PSOAS
- ☐ QUADRATUS
- ☐ PELVIC FLOOR

- ☐ MULTIFIDUS
- ☐ ERECTOR SPINAE
- ☐ CORE
- ☐ RISORII
- ☐ MENTALIS
- ☐ OCCIPITALIS

Face and Core Muscles: answer key

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