

Staying Fit

Medium · 13 × 13 · 12 words · across, down and diagonal

S	L	P	T	H	W	L	E	A	I	U	P	S
I	S	N	F	H	O	E	E	E	I	E	I	L
E	S	L	R	S	I	E	I	I	T	A	L	R
H	J	T	T	C	W	K	E	G	R	J	A	S
D	S	O	R	A	M	I	I	I	H	H	T	I
A	H	C	G	E	E	R	M	N	D	T	E	M
N	I	C	A	G	T	R	F	M	G	E	S	L
C	N	Y	Y	R	I	C	O	E	I	A	L	R
I	K	O	O	C	D	N	H	B	T	N	E	A
N	U	G	O	I	L	I	G	I	I	L	G	N
G	C	A	T	T	E	I	O	R	N	C	T	D
H	P	O	R	P	D	R	N	R	A	G	S	U
E	R	O	W	I	N	G	R	G	O	E	O	E

☐ AEROBICS

☐ CARDIO

☐ YOGA

☐ PILATES

☐ JOGGING

☐ CYCLING

☐ HIKING

☐ SWIMMING

☐ ROWING

☐ DANCING

☐ STRETCHING

☐ WEIGHTS

Staying Fit: answer key

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- ☐ AEROBICS
- ☐ CARDIO
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- ☐ JOGGING
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- ☐ ROWING
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- ☐ STRETCHING
- ☐ WEIGHTS