

Nutrition Terms

Hard · 16 × 16 · 18 words · every direction, backwards too

H	M	A	T	S	I	E	I	R	O	L	A	C	E	E	A
O	A	C	L	S	N	I	M	A	T	I	V	D	F	C	G
O	U	N	A	T	N	A	D	I	X	O	I	T	N	A	E
N	O	I	T	A	R	D	Y	H	I	T	A	E	S	L	M
L	F	M	U	E	N	T	T	R	O	O	T	M	N	C	O
S	M	I	N	E	R	A	L	S	O	A	S	U	I	I	T
E	D	R	M	W	N	H	D	B	R	E	M	I	A	U	L
V	G	I	I	E	T	A	S	D	T	A	F	D	R	M	E
E	R	S	C	B	O	N	Y	N	G	I	O	O	G	N	G
O	L	R	H	T	O	H	P	N	S	R	L	S	E	E	U
H	Y	A	E	T	O	F	E	R	L	R	A	D	L	O	M
A	O	A	T	B	K	S	L	A	O	Z	T	E	O	F	E
O	O	S	R	H	I	T	O	A	I	T	E	C	H	D	S
U	A	A	T	U	L	F	K	N	V	D	E	A	W	A	E
Y	C	M	M	G	K	N	C	Q	U	I	S	I	O	G	A
A	M	H	R	O	I	R	O	N	U	A	N	G	N	A	K

☐ PROTEIN

☐ CARBOHYDRATE

☐ VITAMINS

☐ MINERALS

☐ FIBER

☐ CALCIUM

☐ IRON

☐ RIBOFLAVIN

☐ MAGNESIUM

☐ ANTIOXIDANT

☐ CALORIE

☐ FOLATE

☐ ZINC

☐ SODIUM

☐ OMEGA

☐ LEGUMES

☐ WHOLE GRAINS

☐ HYDRATION

Nutrition Terms: answer key

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